BRIEF RESOLVED UNEXPLAINED EVENT (BRUE)

Indications

- A frightening episode to the observer characterized by some combination of:
  - Apnea (central or obstructive)
  - Color change (cyanosis, pallor, erythema)
  - Marked change in muscle tone
  - Unexplained choking or gagging

If unable to establish vascular access

- **Glucagon** 0.03 mg/kg IM
  - **MR x2 q15 min**
  - **Max dose:** 1mg

SPECIAL CONSIDERATIONS

- Most BRUE patients have normal physical exam
- Assume parental history is real, document parent’s account in detail
- Encourage transport no matter how well the patient might appear