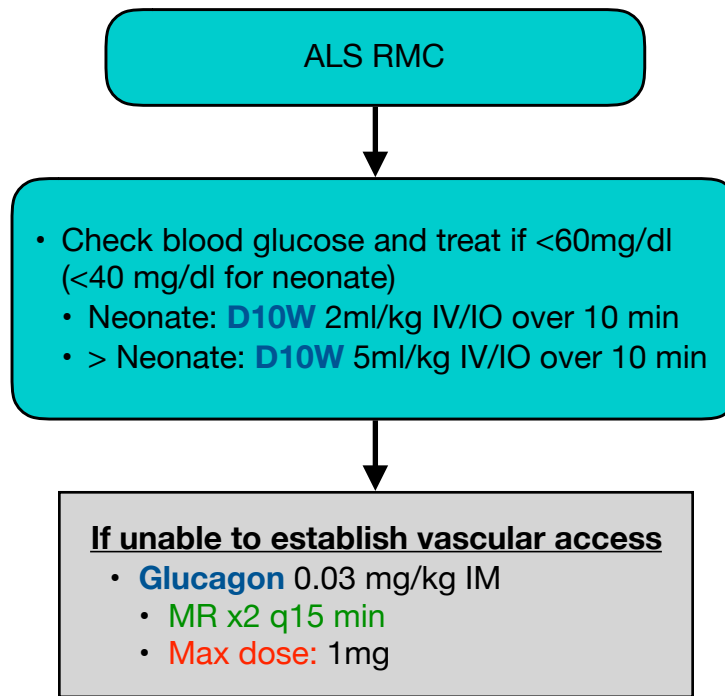


# BRIEF RESOLVED UNEXPLAINED EVENT (BRUE)

## Indications

- A frightening episode to the observer characterized by some combination of:
  - Apnea
  - Color change (cyanosis, pallor, erythema)
  - Marked change in muscle tone
  - Unexplained choking or gagging



## ☎ PHYSICIAN CONSULT

- Parent/Designated Decision Maker refuses medical care and/or transport

## SPECIAL CONSIDERATIONS

- Most BRUE patients have normal physical exam
- Assume parental history is real, document parent's account in detail
- Encourage transport no matter how well the patient might appear