IMMINENT DELIVERY (NORMAL)
ALWAYS USE STANDARD PRECAUTIONS

INDICATION
- Anticipated delivery as indicated by regular contractions, bloody show, low back pain, feels like bearing down, crowning of infant head

TREATMENT
- ALS RMC
- Provide reassurance to mother, provide instructions during delivery
- Contact hospital and start IV NS TKO if time allows prior to delivery
- As head is delivered, gently suction baby's mouth and nose keeping the head dependent
- If the cord is around neck and can't be slipped over the head:
  - Double clamp and cut between clamps
- Allow delivery, dry baby and keep warm, placing baby on mother's abdomen or breast
- Delay cord clamping until 30-60 seconds after birth, then clamp and cut 6-8 inches from baby
- Assess baby by Apgar score at 1 and 5 minutes
- Allow delivery of placenta, save and bring to the hospital
- If infant is premature (<36 weeks gestation), prepare for neonatal resuscitation and early transport

DOCUMENTATION - ESSENTIAL ELEMENTS
- Determine gestational age, number of babies in utero
- Gravida and Para
- Apgar score at 1 and 5 minutes

<table>
<thead>
<tr>
<th>Sign</th>
<th>0</th>
<th>1</th>
<th>2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Heart rate (bpm)</td>
<td>Absent</td>
<td>Slow (&lt;100)</td>
<td>≥100</td>
</tr>
<tr>
<td>Respiration</td>
<td>Absent</td>
<td>Slow, irregular</td>
<td>Good, crying</td>
</tr>
<tr>
<td>Muscle tone</td>
<td>Limp</td>
<td>Some flexion</td>
<td>Active motion</td>
</tr>
<tr>
<td>Reflex irritability</td>
<td>No response</td>
<td>Grimace</td>
<td>Cough, sneeze, cry</td>
</tr>
<tr>
<td>Color</td>
<td>Blue or pale</td>
<td>Pink body with blue extremities</td>
<td>Completely pink</td>
</tr>
</tbody>
</table>

APGAR SCORE

RELATED POLICIES/ PROCEDURES
- Destination Guidelines Policy GPC 4
- Neonatal Resuscitation P 2
- Obstetrical / Gynecology Emergencies BLS Procedure BLS PR 8