

IMMINENT DELIVERY (NORMAL)

ALWAYS USE STANDARD PRECAUTIONS

INDICATION

- Anticipated delivery as indicated by regular contractions, bloody show, low back pain, feels like bearing down, crowning of infant head

TREATMENT

- ALS RMC
- Provide reassurance to mother, provide instructions during delivery
- Contact hospital and start IV **NS** TKO if time allows prior to delivery
- As head is delivered, gently suction baby's mouth and nose keeping the head dependent
- If the cord is around neck and can't be slipped over the head:
 - Double clamp and cut between clamps
- Allow delivery, dry baby and keep warm, placing baby on mother's abdomen or breast
- Delay cord clamping until 30-60 seconds after birth, then clamp and cut 6-8 inches from baby
- Assess baby by Apgar score at 1 and 5 minutes
- Allow delivery of placenta, save and bring to the hospital
- If infant is premature (<36 weeks gestation), prepare for neonatal resuscitation and early transport

DOCUMENTATION- ESSENTIAL ELEMENTS

- Determine gestational age, number of babies in utero
- Gravida and Para
- Apgar score at 1 and 5 minutes

APGAR SCORE			
Sign	0	1	2
Heart rate (bpm)	Absent	Slow (<100)	≥100
Respirations	Absent	Slow, irregular	Good, crying
Muscle tone	Limp	Some flexion	Active motion
Reflex irritability	No response	Grimace	Cough, sneeze, cry
Color	Blue or pale	Pink body with blue extremities	Completely pink

RELATED POLICIES/ PROCEDURES

- Destination Guidelines Policy GPC 4
- Neonatal Resuscitation P 2
- Obstetrical / Gynecology Emergencies BLS Procedure BLS PR 8