To: Marin County EMS constituents  
From: Devin Tsai DO  
Interim Medical Director  
Marin County EMS Agency  

Date: October 15th, 2019  
Re: Interim Policy Memo 2019-4: Update to GPC, C1, C2,

Effective immediately, the following policies have been updated to allow the use of a compression ventilation ratio of 30:2 OR uninterrupted compressions with asynchronous ventilations during CPR.

- GPC  
- C1  
- C2

There has yet to be any clear evidence that one CPR strategy is superior to another. Currently, based on the most recent AHA guidelines: “it may be reasonable for EMS providers to use a rate of 10 breaths per minute (1 breath every 6 seconds) to provide asynchronous ventilation during continuous chest compressions before placement of an advanced airway”.

As the evidence evolves around which strategy is associated with improved outcomes, these policies will be updated to reflect those changes.

Note that these strategies apply only to adult cardiac arrest patients and the “continuous CPR with asynchronous ventilation” strategy is NOT applicable to pediatric patients.