

# DESTINATION GUIDELINES

## Indication

- To identify destination choices and appropriate facilities for patients in Marin County

### Kaiser Permanente San Rafael Medical Center

Emergency Department  
Approved for Trauma (EDAT) -  
Terra Linda -

- STEMI receiving center (SRC)
- Primary Stroke Center
- General Pediatric Receiving Center (PedRC)

### MarinHealth Medical Center (MHMC)

Level III Trauma Center  
- Greenbrae -

- Neurological Emergencies- sudden, witnessed onset of coma or rapidly deteriorating GCS with high likelihood of intracranial bleed
- Pregnant patients  $\geq 20$  wks with a complaint related to pregnancy
- Neonates ( $\leq 28$  days) with signs of shock
- STEMI receiving center (SRC)
- Primary Stroke Center
- Advanced Pediatric Receiving Center (PedRC)

### Novato Community Hospital

Basic level receiving facility  
- Novato-

- Primary Stroke Center
- General Pediatric Receiving Center (PedRC)

### 📞 PHYSICIAN CONSULT

- Patient requests transport to a facility not capable of providing specific care for their needs

## CRITICAL INFORMATION

- The destination for patients shall be based upon several factors including, but not limited to the clinical capabilities of the receiving hospital, the patient's condition, and paramedic discretion
- When the patient is unstable or life threatening, the patient should be transported to the time closest receiving facility:
  - Patients with unmanageable airway
  - CPR in progress (unless transporting to SRC for rVF)
  - Uncontrolled external hemorrhage
  - Patient requiring ALS but having no paramedic in attendance
- The following factors will be considered in determining patient destination:
  - Patient condition
  - Patient/family request
  - Clinical capabilities of the receiving hospital
  - Patient's physician request or preference
  - Paramedic discretion
- Patients with return of spontaneous circulation (ROSC) post cardiac arrest will be transported to the nearest SRC
- Burn patients, without other trauma mechanism, shall be transported by ground ambulance to the time closest emergency department (ED)
- Neonates ( $\leq 28$  days) with signs of shock shall be transported to MarinHealth Medical Center
- Patients with psychiatric complaints will be transported to their preferred facility or the closest ED unless specialty care (trauma, STEMI, stroke, pregnancy) is warranted
- Ventricular Assist Device (VAD) patients: If patient is stable and complaint is not related to VAD, transport per above guidelines. If VAD related, the patient may need to bypass local facilities and go to VAD center. If concerned about patient stability, refer to guidelines and request physician consult
- Prior to arrival, prehospital personnel must notify the receiving facility of any patient with a known history of violence or behavior which may pose a risk to staff (uncooperative, aggressive, disruptive)