**Indications**

- To define Routine Medical Care (RMC) in the pre-hospital setting

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**Assess Airway, Breathing, and Circulation (ABC)**

**Apenic and/or Pulseless**

- Begin CPR in accordance with the standards established by the American Heart Association, including early defibrillation

**Breathing with pulse present**

- Administer oxygen per Oxygen Therapy Procedure, BLS PR 2
- Use appropriate airway adjuncts indicated for signs and symptoms

**Significant external bleeding**

- Control significant external bleeding using direct pressure
- If bleeding remains uncontrolled, apply gauze or hemostatic dressing and/or tourniquet
- Limb with the tourniquet must remain exposed
- Hemostatic dressing must be approved by California EMS Authority

**Check vital signs**—repeat q5 min for emergent patients and q15 min for non-emergent patients

**ALOC**

Assess blood glucose and treat per protocol

- Obtain:
  - Chief complaint and history of current event
  - Past medical history
  - Allergies and medications
  - Code status/Designated decision maker

**Perform full secondary patient exam**

- Apply spinal motion restriction if indicated
- Place in position of comfort or in other positions as needed to maintain adequate airway, breathing, and/or circulation