ADMINISTRATION OF EPI-PEN
BLS PROCEDURE
ALWAYS USE BODY SUBSTANCE ISOLATION PRECAUTIONS

INDICATION

- Patients experiencing anaphylactic reaction and/or severe asthma. The following symptoms may be present:
  - Stridor
  - Bronchospasm / wheezing / diminished breath sounds
  - Severe abdominal pain
  - Respiratory distress (nasal flaring or grunting in pediatric patients)
  - Tachycardia
  - Shock (SBP < 100)
  - Edema of the tongue, lips, face
  - Generalized urticaria / hives

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- Patients presenting with severe asthma
- Necessity for a second EpiPen dose

EQUIPMENT

- Auto injector EpiPen®
- Auto injector EpiPen Jr.®

PROCEDURE

- BLS RMC
- Remove allergens
- Administer appropriate EpiPen®
  - Adult Auto-Injector (0.3 mg IM/ 0.3 ml) (weight >30 kg/ 66 lbs)
  - Pediatric Auto-Injector (0.15 mg IM/ 0.15 ml) (weight <30 kg/ 66 lbs)
- Record time of injection and reassess in 2 minutes
- Monitor airway and be prepared to assist with ventilations if necessary
- A second injection in 5 minutes may be necessary if patient’s condition does not improve.
- Transfer care to ALS personnel as soon as possible

SPECIAL CONSIDERATION

- Training shall include the manufacturer’s instructions as well as demonstration of skills competency every two years after initial training according to Title 22, Div. 9, Chapter 2.
- Training in this procedure is the responsibility of the provider agency who desires to utilize this procedure