

# BLOOD GLUCOSE MONITORING BLS PROCEDURE

ALWAYS USE STANDARD PRECAUTIONS

## INDICATIONS

- Patients with ALOC and / or suspected hypoglycemia as indicated by the following symptoms:
  - Diabetic history
  - Abnormal or combative behavior
  - Pale, moist skin

## EQUIPMENT

- Glucometer
- Lancet
- Test strip
- Alcohol pad
- Gauze pad/bandage

## PROCEDURE

- Turn glucometer on and insert test strip
- Clean fingertip with alcohol pad. Gently squeeze fingertip to promote blood flow
- Pierce fingertip with lancet
- Apply blood sample to test strip
- Record results
- If blood glucose is < 60 or immeasurable, treat patient according to Administration of Oral Glucose Policy, BLS PR 3.