ANAPHYLAXIS
BLS
ALWAYS USE STANDARD PRECAUTIONS

INDICATION
- Patients experiencing anaphylactic reaction after exposure to common allergens (stings, drugs, nuts, seafood, medications). The following symptoms may be present:
  - Stridor
  - Bronchospasm / wheezing / diminished breath sounds
  - Severe abdominal pain
  - Respiratory distress (nasal flaring or grunting in pediatric patients)
  - Tachycardia
  - Shock (SBP < 100)
  - Edema of the tongue, lips, face
  - Generalized urticaria / hives

PHYSICIAN CONSULT
- Necessity for a second dose EpiPen® (or equivalent)

EQUIPMENT
- Auto injector EpiPen® (or equivalent)
- Auto injector EpiPen Jr.® (or equivalent)
- High flow O2
- Pulse oximetry

SPECIAL CONSIDERATION
- Elderly patients with signs of anaphylaxis and history of hypertension or heart disease should still be given epinephrine with caution. If concerned, physician consult.
- Training shall include the manufacturer’s instructions as well as demonstration of skills competency every two years after initial training according to Title 22, Div. 9, Chapter 2.
- Training in this procedure is the responsibility of the provider agency who desires to utilize this procedure

DOCUMENTATION- ESSENTIAL ELEMENTS
- Past medical history, including previous allergic reactions and hospitalizations
- Physical findings including breath sounds
- Medication administered
- Administration of oxygen