

# BRONCHOSPASM/ ASTHMA/ COPD

## BLS

ALWAYS USE BODY SUBSTANCE ISOLATION PRECAUTIONS


### INDICATION

- Acute or progressive shortness of breath, chest discomfort, wheezing, cyanosis

### PHYSICIAN CONSULT

- **EpiPen** for severe asthma

### TREATMENT

- BLS RMC
- Mild to moderate (alert, may be unable to speak full sentences, limited accessory muscle use)
  - Assist patient with own medication if available
-  Severe symptoms (altered mental status, minimal air movement, inability to speak, cyanosis)
  - **EpiPen**

### SPECIAL CONSIDERATION

- Suspect carbon monoxide in cases of exposure to fire; do not rely on pulse oximetry in this setting

### DOCUMENTATION - ESSENTIAL ELEMENTS

- Physical finding of wheezing, decreased lung sounds
- Administration of oxygen

### RELATED POLICIES/ PROCEDURES

- Auto Injector EpiPen BLS PR 4